



We at RAO are committed to providing you with high quality imaging services using state-of-the-art technology in a caring, comfortable and professional setting. That includes keeping you informed, and the information in this brochure is designed with that in mind.



Can I Take My Normal Medications Before the Biopsy?

Most medications can be taken in the usual manner. Please inform us if you are taking blood thinners such as Coumadin or Plavix and we will advise you as to whether you should discontinue them or not. We would ask that you discontinue daily aspirin for 72 hours prior to the procedure and not resume for 24 hours after the procedure. If you take hormones, it is best to discontinue until the results of the biopsy are available.

Are There Any Special Instructions Before the Procedure?

You may eat and drink normally before the exam. Please do not use talcum powder or deodorant before the exam. It is best to wear a two-piece outfit and, if possible, a loose fitting top.

How Will I Get Results?

The results from the pathologist will be ready within three to five working days. Some specimens take longer than five days due to second opinion consultations. Your referring physician will receive the results of your biopsy and will inform you of the results. There will be an additional bill/charge from the pathologist. If you have any other questions, please call (352) 671-4265 or (352) 671-4260.

Risks Involved

Most patients only experience mild pressure or discomfort during the procedure. Many patients feel almost nothing at all. If you feel excessive pain or discomfort, please let us know. There will be some bleeding from the biopsy site. Occasionally, this will be more than normal. The risk of infection is small, but is also present. You will also have bruising in the area that may last from a week to ten days.

Are There Any Special Instructions After the Procedure?

If there is someone available to drive you the day of the procedure it is best, but not mandatory. If you drive yourself, the radiologist may have you wait for a few minutes after the procedure to make sure you are feeling okay. You can expect to have some bruising, and you will also be asked to use an ice pack for one-and-a-half (1 ½) hours off and on. You will be asked to take it easy for about 24 hours.

Aftercare

1. Place an ice pack inside of your bra on top of the dressing. Keep the ice pack in place for 30 minutes. Leave the biopsy site without an ice pack for 30 minutes, then replace for an additional 30 minutes.
2. If a pressure dressing was used, remove it and the Band-Aid the next morning. Do not shower or bathe until the pressure dressing and Band-Aid have been removed.
3. It is expected that your breast may have visible bruising in the area the procedure was performed.
4. If you experience mild discomfort you may take Tylenol (acetaminophen). DO NOT TAKE ASPIRIN.
5. Do not participate in strenuous activities such as house cleaning, swimming, sports, or aerobics for 24 hours after the procedure.
6. Watch for excessive bleeding, drainage, redness, heat, pain, or fever. If any of these occur, contact your doctor or the Women's Imaging Center at (352) 671-4260 or (352) 671-4265. After hours you may reach the radiologist on call at Munroe Regional Medical Center, Radiology Department at (352) 351-7289.
7. Sometimes a repeat mammogram in six months is recommended. When you call to schedule your appointment, let us know that it is a follow-up to a core biopsy.

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